

PREGNANCY & PARENTING RESOURCES

Explore available resources and support available to you.

PREGNANCY ACCOMODATIONS

Columbia University is committed to supporting the academic and professional success of pregnant and parenting students and employees.

[Click here](#) to meet with the University Title IX coordinator to discuss accommodations.

OFFICE OF WORK LIFE

The [Office of Work/Life](#) is a helpful resource with a broad range of information.

[Click here](#) to learn about [child care and schooling](#), [breastfeeding support](#), and [back-up care](#).

OFFICE OF UNIVERSITY LIFE

The Office of University Life has developed a comprehensive resource page. Please note: these resources are not endorsed by Columbia University. They are presented for informational purposes only and may have eligibility requirements.

[Click here to view the Resources for Students with Children.](#)

CU FAMILY SUPPORT NETWORK

[Columbia University Family Support Network](#), a registered, student-run University-wide organization is accessible to all CU students.

[Click here to access and review.](#)

COUNSELING & PSYCHOLOGICAL SERVICES

Counseling & Psychological Services at Columbia Health offers support groups on a variety of topics, including time management and relationships.

[Click here to view current support groups available.](#)

SPS OFFICE OF STUDENT WELLNESS

Not sure where to start? Schedule a wellness chat with [The Office of Student Wellness](#) to review your options and receive individualized support.

[Click here to schedule an appointment.](#)

