

FOOD INSECURITY RESOURCES

You are not alone: a late 2017 study of more than 30,000 college students found that approximately half of two-year and four-year students are food insecure.



COLUMBIA FOOD PANTRY

The Food Pantry at Columbia is a student-run initiative that is open to all students. Any student who has any level of food insecurity can reach out to The Food Pantry to get a disbursement containing non-perishable food with vegetarian options. Any information shared with The Food Pantry will remain in strict confidence. [Click here to be connected.](#)

NYC FOOD RESOURCES

[Food Bank For New York City](#) is the city's largest hunger-relief organization and has been working to end food poverty in our five boroughs for over 36 years.

[City Harvest](#) provides access to site across the 5 boroughs distributing food.

[Trinity SAFH](#) is available specifically for graduate students in NYC.

FEEDING AMERICA

[Feeding America](#) provides access to food banks located across the United States and leads the nation to engage in the fight against hunger.

FULL CART

[Full Cart](#) was created to provide low-cost and free food options delivered to your door nationwide. You must complete an application and once approved can order and send food directly to your home. Download the app for free or visit their website.

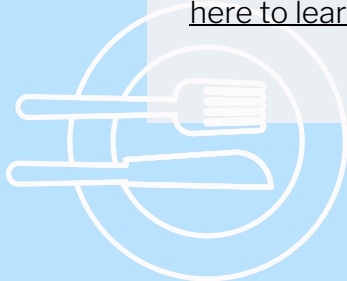
SPS EMERGENCY FUND

The SPS Emergency Fund was created by the Division of Student Affairs to support SPS students who are experiencing a crisis that could adversely impact their academic journey. The funds are limited and not intended to provide ongoing relief for recurring expenses [Click here to learn more.](#)



OFFICE OF STUDENT WELLNESS

Not sure where to start? Schedule a wellness chat with [The Office of Student Wellness](#) to review your options and receive individualized support.



The Division of Student Affairs

Office of Student Wellness