

The SPS CARE Team



The SPS CARE Team coordinates prevention, intervention, and support efforts across campus to identify, assess, and mitigate risks. By partnering with members of the University, we strive to promote student well-being and success. Our aim is to be a central point of support for the SPS community. You can complete a referral form to submit a concern.

Reasons to refer to the CARE Team

- General well-being concerns
- Sending verbal or written threats to another student, staff, or faculty member
- Writing about or verbally expressing feelings of hopelessness or suicidal ideation
- Exhibiting declining academic performance and/or having excessive absences
- Displaying physical signs of fatigue, disorientation, anxiety, stress, failing to eat, or poor hygiene
- Engaging in other actions that cause an alarm or call into question the safety of the student or other members of the community



Scan the QR code to learn more about the SPS CARE Team

Questions?
Contact sps-care@columbia.edu

Columbia University Emergency Resources

CU Public Safety Emergency Line
212-854-5555

On-Campus Medical Emergencies
212-854-7426

Sexual Violence Response
212-854-HELP/4357

Counseling & Psychological Services
212-854-2878

Off-Campus Emergency Resources

National Suicide & Crisis Hotline
Dial 988

NYPD & Local Authorities
Dial 911

Resources are available 24 hours a day, 7 days a week.

 **COLUMBIA UNIVERSITY**
School of Professional Studies



Scan here for Columbia University Blue Folder
Guide for all University staff and faculty to assist students in distress. Provides steps to take and resources to utilize



Scan here for SPS CARE Team referral form
Referral forms are responded to within 24-48 hours